

Brunch & Lunch Menu please  
order at the counter:

**Creamy Mushrooms and Bacon 19.80**

Thinly sliced mushrooms and spring onions in a cream sauce, served with bacon on wholegrain toast. *GFA, VFA*

**Eggs Benedict (home-made Hollandaise)**

-With cold smoked salmon or bacon. 19.50  
-With spinach. *GFA*

**Meshino Breakfast 21.50**

Eggs, bacon, tomato, hash brown, mushrooms and pork sausage, served with toast.

**Hot Cakes 18.50**

Either: -Fresh fruit and yoghurt or coconut yoghurt. *VFA*  
Or -Bacon, banana and maple syrup.

**The European *GFA, DFA, V* 19.50**

Toasted ciabatta, with mushrooms, haloumi, avocado mouse & poached eggs.  
-Add a side, bacon or smoked salmon.

**Smoked Fish Potato Cakes *GF* 19.00**

Served with spinach, poached egg and hollandaise.

**Fresh Fruit Salad 15.50**

Fresh cut fruit topped with spicy nuts.  
-your choice of either coconut or natural yoghurt.

**Bacon and Eggs 16.50**

With wholegrain toast, eggs cooked to your liking.

**Paelo Granola. *GV, DFA, V* 16.50**

Homemade finished with prunes, chai seeds and fresh fruit. With -your choice of either coconut or natural yoghurt.



**Soup of the Day 12.50**

Check the board for today's flavour served with toasted ciabatta.

**Venison open Burrito 20.00**

Marinated venison strips pan-fried on a soft garlic flat bread topped with shredded lettuce avocado and a corn red onion and tomato salsa.

**Beef Salad. *DF, GFA* 20.00**

Marinated beef strips served over asain dressed greens with cashews and crispy noodles.

**Vegetable Hash *GF, VFA* 19.50**

fried seasonal vegetable hash served with poached egg and smoked tomato relish.

**Mince on Toast. *GFA* 19.50**

Savoury beef mince served on super grain toast topped with a poached egg and parmesan cheese.

**Omelette: *GF* 19.50**

Choose one of the following:

- Ham, gruyere and chives.
- Spinach, pumpkin, feta and dukkah.

**Fish of the Day 24.50**

Today's fish/seafood please see board for today's flavour.

**Vietnamese Chicken Salad. *GF* 19.50**

Shredded chicken with crunchy salad vegetables, toasted peanuts & crispy shallots, glass noodles and a refreshing vietnamese style dressing.

**Chicken Claridges pie 21.00**

Chicken baby onions bacon mushrooms bound in a tarragon cream sauce served over potato mash with pastry lid.

**Sides:**

Eggs	5.00
Bacon	6.50
Sausage	6.00
Tomato	4.50
Spinach	4.50
Salmon	8.00
Cream Cheese	2.00
Hollandaise	3.00
Hash browns	4.50
Avocado Smash	4.00
Toast	4.00
Mushrooms	6.00



**Bagels**

-Jam and cream cheese.	10.00
-Basil pesto and cream cheese.	11.50
-Smoked salmon and caper cream cheese.	13.50
-Bacon, avocado mouse, tomato and cream cheese.	17.50

All meals may contain and/or come into contact with various allergens including nuts, seafood, gluten & dairy products.

*Any special allergy or dietary requirements please inform the Cafe staff and we will endeavour to meet your needs most of our meals can be substituted to gluten free.*

**Meshino Catering now available**

**75 Rutland Street, St. Albans, Chch. Ph.: 3552449**