

Brunch & Lunch Menu please
order at the counter:

Creamy Mushrooms and Bacon 19.80

Thinly sliced mushrooms and spring onions in a cream sauce, served with bacon on wholegrain toast. *GFA, VFA*

Eggs Benedict (home-made Hollandaise) 19.80

-With cold smoked salmon or bacon.
-With spinach. *GFA*

Meshino Breakfast 21.50

Eggs, bacon, tomato, hash brown, mushrooms and pork sausage, served with toast.

Hot Cakes 18.50

Either: -Berry Compote with yoghurt or coconut yoghurt. *VFA*
Or -Bacon, banana and maple syrup.

The European 19.80 *GFA, DFA, V*

Toasted ciabatta, with mushrooms, haloumi, avocado mouse & poached eggs.
-Add a side, bacon or smoked salmon.

Smoked Fish Potato Cakes 19.00 *GF*

Served with spinach, poached egg and hollandaise.

Livers and Bacon 19.80

Pan-fried livers in a rich jus served on toast and topped with streaky Bacon.

Bacon and Eggs 16.50

With wholegrain toast, eggs cooked to your liking.

Paelo Granola. 16.50 *GV, DFA, V*

Homemade finished with prunes, chai seeds and fresh fruit. With -your choice of either coconut or natural yoghurt.



Soup of the Day 12.50

Check the board for today's flavour served with toasted ciabatta.

Venison open Burrito 20.00

Marinated venison strips pan-fried on a soft garlic flat bread topped with shredded lettuce avocado and a corn red onion and tomato salsa.

Lamb Salad 20.50 *GFA*

Braised spiced Lamb Shoulder on a warmed Potato, pesto and Baby Spinach salad.

Vegetable Hash 19.50 *GF, VFA*

Fried seasonal vegetable hash served with poached egg and smoked tomato relish.

Mince on Toast. 19.80 *GFA*

Savoury beef mince served on super grain toast topped with a poached egg and parmesan cheese.

Omelette: 19.50 *GF*

Choose one of the following:

- Ham, gruyere and chives.
- Spinach, pumpkin, feta and dukkah.

Fish of the Day 24.50

Today's fish/seafood please see board for today's flavour.

Vietnamese Chicken Salad. 19.50 *GF*

Shredded chicken with crunchy salad vegetables, toasted peanuts & crispy shallots, glass noodles and a refreshing vietnamese style dressing.

Chicken Claridges pie 21.00

Chicken baby onions bacon mushrooms bound in a tarragon cream sauce served over potato mash with pastry lid.

Sides:

Eggs	5.00
Bacon	6.50
Sausage	6.00
Tomato	4.50
Spinach	4.50
Salmon	8.00
Cream Cheese	2.00
Hollandaise	3.00
Hash browns	4.50
Avocado Smash	4.00
Toast	4.00
Mushrooms	6.00



Bagels

-Jam and cream cheese.	10.00
-Basil pesto and cream cheese.	11.50
-Smoked salmon and caper cream cheese.	13.50
-Bacon, avocado mouse, tomato and cream cheese.	17.50

All meals may contain and/or come into contact with various allergens including nuts, seafood, gluten & dairy products.

Any special allergy or dietary requirements please inform the Cafe staff and we will endeavour to meet your needs most of our meals can be substituted to gluten free.

Meshino Catering now available

75 Rutland Street, St. Albans, Chch. Ph.: 3552449

Drinks List

Freshly Squeezed in our own ZUMEX

Orange Juice 6.00

most™ Organic Juice 4.80

- Apple Orange & Mango
- Apple & Feijoa
- Apple & Cranberry
- Apple & Peach
- Apple & Guava

allgood Organics \$5.00

- Lemmy Lemonade
- Gingerella
- Blood Orange fizz
- White Grapefruit fizz
- Blackcurrant fizz



- Coke classic 4.80
- Coke no sugar
- Lemon & Paeroa
- Sprite Classic
- Schweppes Lemon Lime & Bitter
- Schweppes Old fashioned Lemonade
- Schweppes Spiced Ginger Beer
- Black berry and apple kids drink 3.50



Iced milk drinks

- Thick Shakes
- Raspberry, Banana, creaming soda or chocolate 6.50
- Iced Chocolate 8.50
- Iced Mocha 8.50
- Iced Coffee 8.50

Smoothies - all smoothies 8.50

(all gluten free and can be dairy free on request)

- Freeze Berry:** Berry, apple juice, honey and natural yoghurt
- Super greens:** banana, honey, kale, apple juice and natural yoghurt
- Summer days:** Peach, banana, passionfruit, Apple juice
- Wake Up:** Shott coffee banana protein powder almond milk and cocoa nibbs.

Kids Menu \$14.50

Ham and cheese toasty with hash brown.

Baby bacon benedict.

Jam, cream cheese bagel.

Hot cakes with bacon and banana.

All kids' meals comes with either:

- Kid's juice
- Kid's hot chocolate
- Kid's milkshake

